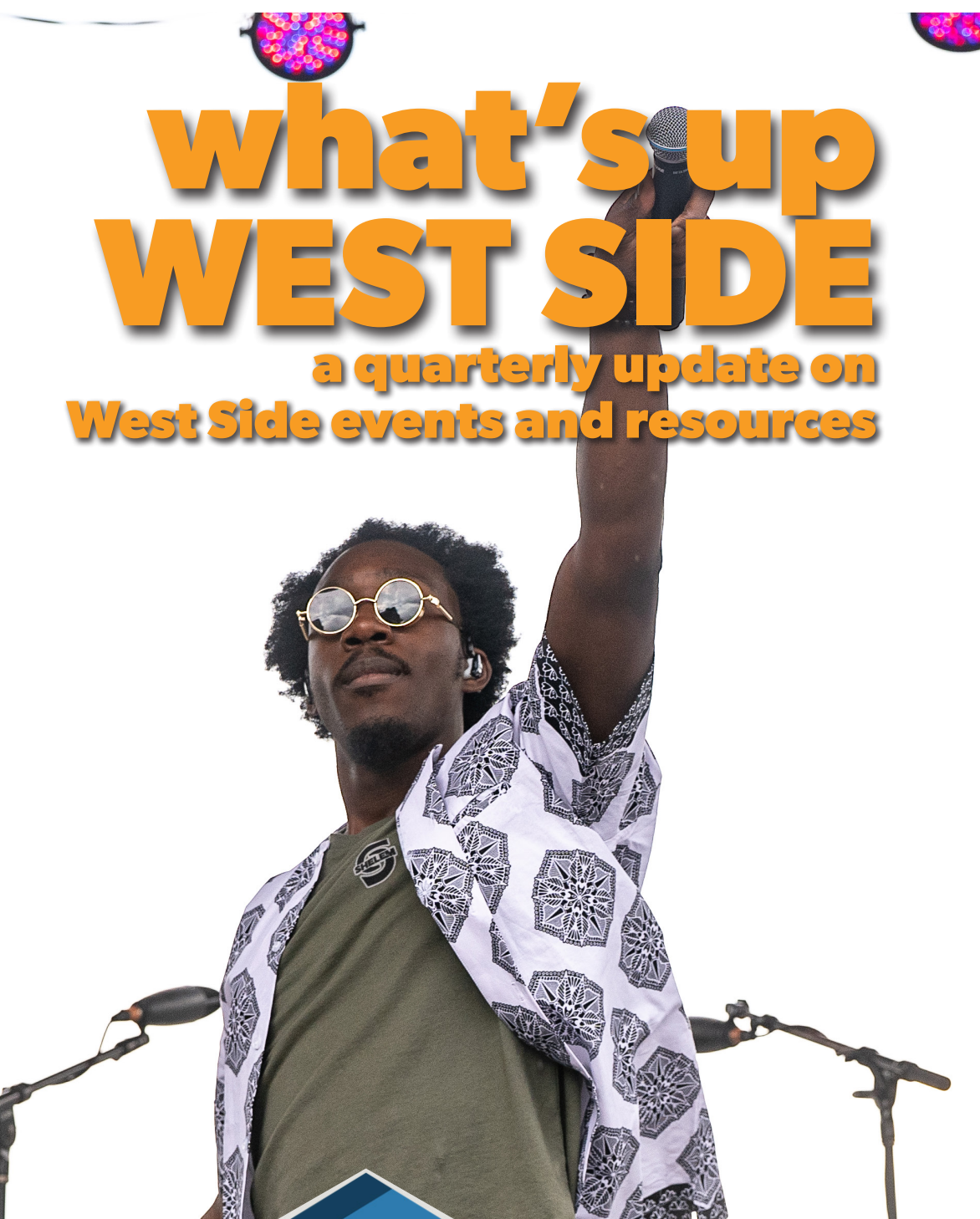


# what's up WEST SIDE

a quarterly update on  
West Side events and resources



**OktoberWest** returns for the 15th year, September 30, 4-9pm, presented by Encova Insurance! Try over 150 craft brews, German varieties, and amazing bands. Get your tickets online, they increase \$5 at gate.



OktoberWest 2022 photography by Rafael Barker

**FALL EDITION  
SEPTEMBER 2023**  
issue no. 4

# youth afterschool programs

<b>Salvation Army Boys &amp; Girls Club</b> FREE w/ Unicare or \$20 + \$15/month for 1st-12th grade	304.342.8831	<a href="http://salvationarmycharlestonwv.org">salvationarmycharlestonwv.org</a> 301 Tennessee Ave
<b>WV Dreamers Afterschool by Step by Step</b> FREE for K-12	304.414.4452	<a href="http://stepbystepwv.org">stepbystepwv.org</a> Risen City Church, WSMS, & CHS
<b>Bob Burdette Center*</b> *CURRENTLY FULL	304.342.1158	<a href="http://boburdettecenter.org">boburdettecenter.org</a> 1401 Washington St W
<b>Midian Safe Haven</b> FREE Drop-in for ages 10-25   Mon-Th 2pm-8pm	304.382.8288	<a href="http://midianproject.com">midianproject.com</a> 711 Park Ave
<b>2nd Ave Community Center</b> FREE for students	681.427.3434	1406 2nd Ave
<b>Zion Development Center*</b> *CURRENTLY FULL	304.344.5959	<a href="http://zcdcwv.com">zcdcwv.com</a> 1720 5th Ave
<b>Girl Scouts of Black Diamond</b> \$25 + dues for Pre-K-12	304.345.7722	<a href="http://girlscouts.info/join">girlscouts.info/join</a> 321 Virginia St W

For more updates on afterschool programming, follow the Westside Together Facebook page!



## Cam's World the selfie studio

1638 6th Ave | 304-550-7336  
event space, selfie backdrops, and party services!



**NEW  
ON THIS  
SIDE!**

## clothing closets



**Bream Presbyterian Church: The SHOP** 304.346.0426  
319 Washington St W | M-F 1-4pm

**West Side Family Support Center** 304.414.4453  
1401 4th Ave | M-F 11am-1pm, 2-6pm | families w/ students 18 or younger

**Kanawha County Schools Clothing Closet** 304.348.1384  
SCMS 400 3rd Ave | M-F 8am-4pm (by appointment only)

**Mountain Mission** 304.344.3407  
1620 7th Ave | Mon-Thu 9am-2:30pm (by appointment only)

**Salvation Army** 304.343.4548  
301 Tennessee Ave | Mon-Thu 9-11:30am, 1-2:30pm

**Heart and Hand** 304.744.6741  
212 D St | Mon-Thu 10am-12pm

**PROFESSIONAL**  
**Goodwill Prosperity Center: Dress for Success** 304.346.0811  
213 Virginia St W | Mon-Fri 8:30am-4pm

**WV HealthRight: CommUNITY Wellness Center** 304.340.1558  
515 Central Ave | Mon-Thu 8am-7pm, Fri 8am-1pm

## Elk City Artisinal Beverage Tour

### Wandering Wind Meadery

422 Washington St W | 304-932-3678  
Thu 4-9pm, Fri 4-11pm, Sat 2-11pm, Sun 11am-5pm

Dave Bragg and Dawn Parsons opened this West Side tasting room a year ago inspired by their ren-faire experiences. Dave, the head mead maker, enjoys using modern techniques to oak-age and add other flavors during the process like coffee, chocolate, hot peppers, fruits, and spices. You can even learn to brew yourself at their regular beginner mead making workshops!

Appalachian Tea on Ohio Ave is an oasis for tea enthusiasts and safe space for all. The owner, Sasha Strader, has curated over 46 varieties of tea, from pink chai to ice wine tea, along with delightful treats like orange cardamom cake. It's an elegant escape for rare espresso connoisseurs, too. Pop in for a break in the library or knock out some work in their co-working space. On weekends, their high tea tray specials feature tea, pastries, and savory treats.

### Appalachian Tea

613 Ohio Ave | 304-410-0019  
M-W 8am-5pm, Fri 8am-7pm, S-S 12-5pm



### Charleston Nano Brewery

320 Washington St W | 304-343-7289  
Thu 5-9pm, Fri 5-9pm, Sat 12-10pm, Sun 1-5pm

Charleston's first small-batch brewery, Charleston Nano Brewery, celebrated its one year anniversary this summer! Kenny and Jennifer Graley provide a far-reaching variety of experimental house-brewed beer on Washington St W. The menu is ever-changing featuring IPAs, wit bier, sours, and even a homemade rootbeer! Enjoy the family-friendly ambiance inside or in the outdoor beer garden complete with a disc golf practice basket.

Coffee enthusiasts flock to Mea Cuppa Lounge to experience owner Venu Menon's artful blends and exotic innovations tailored to local tastes. Before the weather cools, try the Mazagran, a unique and refreshing fusion of iced espresso and citrus. With fresh delectable pastries and a cozy atmosphere, this lounge has cemented its place as a beloved gathering spot and remote work hub on the West Side.

### Mea Cuppa Coffee Lounge

715 Bigley Ave | 304-343-0828  
Mon-Sat 7am-4pm, Sun 10am-3pm



### The Bullock Distillery

121 Washington St W | 681-205-2770  
Mon-Fri 11am-7pm, Sat 10am-7pm

This distillery recently received Double Gold Designation by the San Francisco World Spirits Competition after only just opening in 2021. The team distills its vodka and moonshine right here on the West Side, and partners with others to crafts its gin, rye, and bourbon whiskey. The team says what sets its drinks apart from the competition is the Greenbrier County limestone cavewater it uses for dilution.

## New health center on West Side coming soon...



By summer of 2024, Cabin Creek Health Systems is set to open its most comprehensive health center yet on Ohio Ave in the former Kroger/USPS building on the West Side.

The Westside Health Center (working title) will house 12 primary care rooms, 2 behavioral generalists, 1 psychiatric room, and 5 dental chairs. Its sliding scale care will allow patients without Medicaid to pay what they can afford based on their income. Additionally, its 340b pharmacy means affordable drugs will be available closeby, and its CARP program will be there for substance users in treatment.

Jake Van Horn, Cabin Creek's community impact officer, is gathering input from locals in order to best personalize care as the neighborhood needs it.

"It could be 'I work nine to five and get zero days off, and so I can't get there. Or I don't have a car, and I have to travel all the way across town to talk to someone about my respiratory health because the PCP I see down the street doesn't do emphysema,'" Van Horn said.

Tell Jake and Cabin Creek Health Systems staff how you want your care by visiting: [CabinCreekHealth.com/westside](http://CabinCreekHealth.com/westside)

# what's happening?

## Free Food Pantry

3rd Saturdays | 12pm

SEP 16 | OCT 21 | NOV 18

John 6 Community Food Center

@ 523 Central Ave



## West Side Neighborhood Association Meetings

4th Thursdays, 6pm via Zoom

SEP 21 | OCT 26 | NOV 30

email to join: covers6053@aol.com



check The Maker's Center Facebook for upcoming classes & events!

Ask for a TOUR! 681-265-3745



## Charleston Parkrun

Sat | 9am

@ Magic Island Park

Kung Fu  
Sun | 1pm



## Tai Chi

Sun | 2pm

Universalist Unitarian Congregation  
@ 520 Kanawha Blvd W



## 2023 Westside Community Health Fair

Sat, Sep 9 | 11am-3pm @ 101 Kanawha Blvd W  
Magic Island



## Glow Run 4 Recovery 5k with WVARR

Sat, Sep 16 | 6pm, 8pm race, 8:30 dance party  
Magic Island



## United Way Day of Caring

Sat, Sep 20 | 9am-3pm @ 1 United Way Cr  
United Way



## OktoberWest with Charleston Main Streets

Sat, Sep 30 | 4pm-9pm @ Washington St W  
Elk City



## Christmas Angel Tree Sign-Ups

Oct 2-Oct 27 @ 301 Tennessee Ave  
The Salvation Army



## Trunk or Treat

Thu, Oct 26 | TBA @ Southmoor Apts  
Fri, Oct 27 | TBA @ Orchard Manor  
Sat, Oct 28 | TBA @ Vista View Apts

**DONATE CANDY**  
Dr. Shanequa Smith  
681-404-4822



## Trick or Treat Bash

Tue, Oct 31 | 6pm-8pm @ 1411 2nd Ave  
2nd Ave Community Center



## West Side Market Grand Opening!

Nov TBA | @ 739 Central Ave  
Keep Your Faith Corporation

WEST VIRGINIA   
**Health Right** 511 Central Ave  
CommUNITY Wellness Center



## DANCE CLASSES

Tue 4:30pm - Modern Dance (ages 6-10)  
Tue 5:00pm - Ballet (ages 3-5)  
Tue 5:30pm - Ballet (ages 6-10)  
Tue 6:00pm - Tec Style Hip Hop Fitness



## COOKING CLASSES

1st Mondays 5:00pm - Sizzle Sprouts (Kids)  
Wed 1pm & 5pm - CHOP it Like it's Hot  
Thu 1pm & 5pm - Stealthy Healthy

## North Charleston Community Center

2009 7th Ave | 304-348-6884



## WEEKLY ACTIVITIES

**Pickle Ball** - Tue, Thu, Fri 9am-12pm  
**Table Tennis & Pickle Ball** - Mon 5:30pm-8:45pm  
**Men's Open Runs Basketball** - Mon, Wed 12:00pm-2:30pm  
**Soul Step** - Thu 6pm-7pm  
**Kids In Motion Fitness Class** - Wed 6:30pm-7:30pm  
**Socializing Through Play** - 3rd Wednesdays 10:30am-1pm  
**Bingo Night** - 4th Fridays 4:30-6:30pm

Mon-Fri 9am-9pm  
Sat 9am-5pm



  
**WESTSIDE TOGETHER**  
westsidetogether.org

share your memories with **#westsidecwv**



or email the team at  
whatsapp@westsidetogether.org

create  
west virginia

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